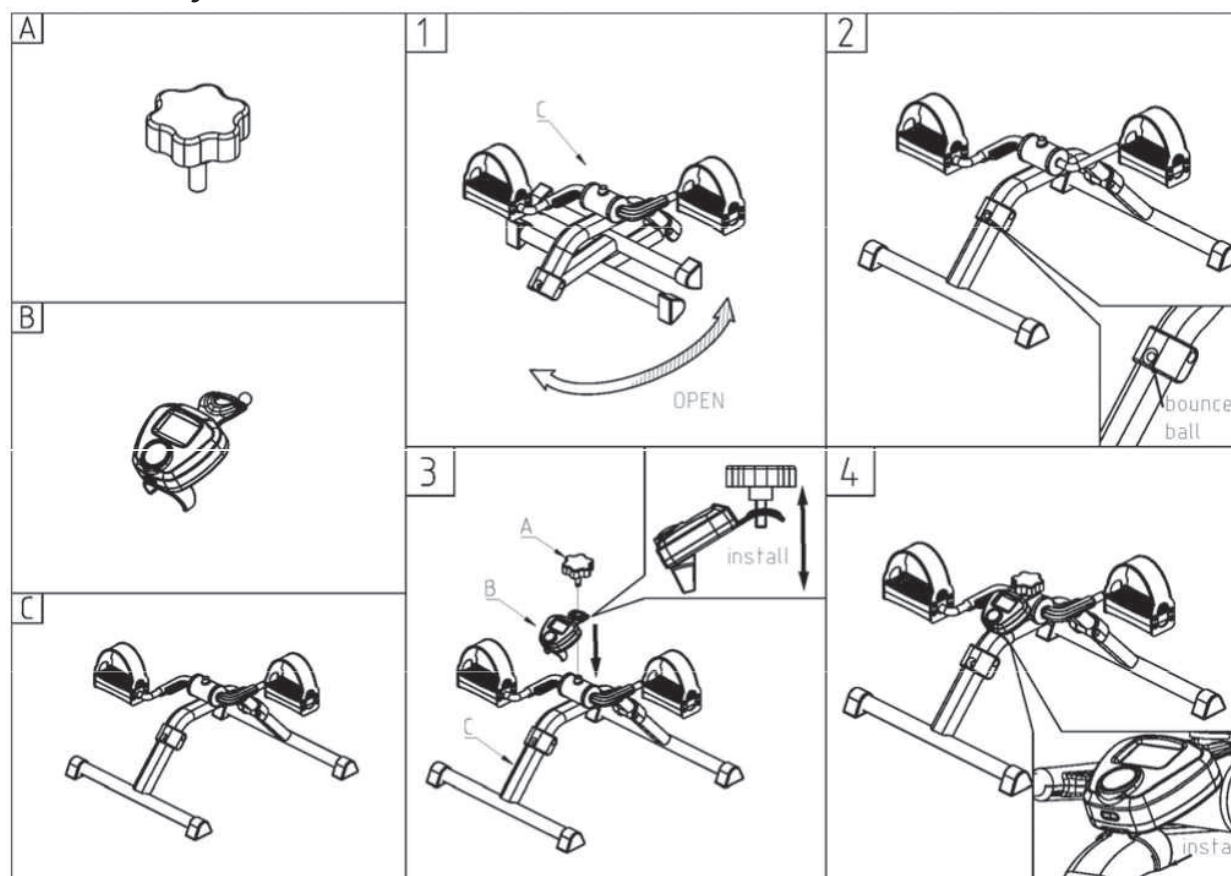


Digital Folding Pedal Exerciser

Assembly Instructions



Digital Display Functions

- SCAN: Press "MODE" key to select "SCAN", then this function will automatically scan through all the functions displayed on the bottom line of the monitor.
- TIME: Automatically accumulates workout time since start of exercise.
- CNT: Automatically accumulates workout repetitions since start of exercise.
- T.CNT: Automatically accumulates session workout repetitions since start of exercise.
- CAL: Automatically accumulates amount of calories consumed since start of exercise.

Function Button

- MODE: To selections functions of SCAN, TIME, CNT, T.CNT, or CAL.
- Hold the MODE button for 2 seconds for a total reset (except T.CNT).

Precautions

- If the display is unclear or incorrect, replace the battery.
- Use one 1.5V AAA battery.
- The monitor will automatically turn on when exercise begins.
- The monitor will automatically turn off after 4 minutes of inactivity.

Technical support and product questions? Give us a call at 1-888-505-3627.